

Belton Conference Schedule
Saturday, September 13th 9a - Noon

9a Registration, Breakfast, and Networking/Vendors
McLean Great Hall in BSU Building
Full Hot Breakfast including eggs, bacon, fruit, mini croissants, coffee, tea, & water

9:45a Opening Prayer, Worship and Introductions

10:00a Breakout Sessions

Breakout A

In the Wilderness: Mental Health & Ministry Burnout
led by Rev. Jody Harrison

This session will explore how Hagar's wilderness experience mirrors the emotional toll of ministry and will include practical tools for recognizing burnout and seeking restoration.

Breakout B

The God Who Sees: Cultivating Spiritual Practices for Mental Wellness
Led by Rev. Cintia Aguilar

This session is inspired by Hagar's encounter with God and will focus on spiritual disciplines, such as prayer, journaling, and solitude, that support mental health.

11:00a Group Conversation with Rev. Jill Hudson, TXBWM Exec. Dir.

11:30a Closing Reflections, Worship and Prayer

Noon Fellowship Lunch (self-pay) in UMHB Dining Hall

2p Event Ends